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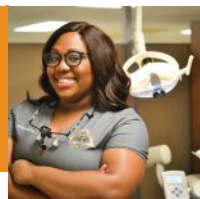
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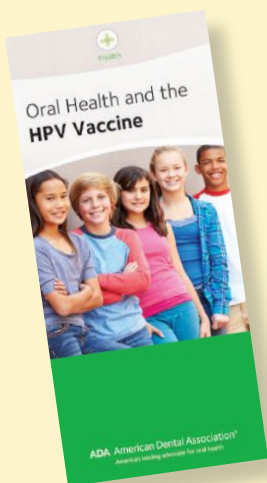
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BRIEFS

ADA brochure educates patients about HPV vaccine

The American Cancer Society estimates there will be 53,000 new cases of oral and oropharyngeal cancer in 2019.

The ADA is working to provide members with resources that can help them educate patients about the



importance of the human papillomavirus (HPV) vaccine, which could prevent nearly 90% of HPV-related cancers in the United States.

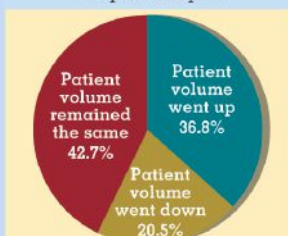
A new "Oral Health and the HPV Vaccine" brochure from the ADA provides patients with basic information about the HPV vaccine. It includes Centers for Disease Control and Prevention recommendations about who should get the vaccine; when and how

See HPV, Page 15

JUST THE FACTS

Patient volume

In 2017, the majority of U.S. dentists saw their patient volume either stay the same or increase compared to the previous year.



Source: ADA Health Policy Institute, ADA.org/hpi, hpi@ada.org, ext. 2568

Measles outbreak continues to grow; New York sees highest number of confirmed cases

BY MARY BETH VERSACI

New York is experiencing its worst measles epidemic in decades, and the state dental association is urging dentists to continue to follow universal precautions as the number of cases climbs.

New York is among 22 states with

confirmed measles cases in the largest outbreak since the disease was declared eliminated in 2000. As of press time, there were 624 cases in New York, accounting for most of the more than 700 cases reported across the country, according to health departments in the state.

"Measles is highly contagious and easily transmitted," the New York State Dental Association states in its response to the outbreak. "In their clinical practice, dentists should handle the measles outbreak like any other highly infectious disease. The dentist's primary responsibility

is to make sensible clinical decisions for patients in all situations."

The association advises dentists to properly sterilize instruments and surfaces and use personal protective wear. However, even if dentists

See MEASLES, Page 10

Dentists and dental students advocate together for dentistry



Tooth party: Top right, ADA President Jeffrey M. Cole welcomes dentists and students to the third annual ADA Dentist Student Lobby Day. Top left, students from Oregon Health and Science University have fun during a networking break. From left are Christina Pearson, Brad Thomson, Rachel Wittenberg, Michelle Bloemers, Alisha Gaffney, Elizabeth Foss and Jonathan Faris. In the bottom photo, three dental students enjoy a networking break during Lobby Day. From left are Aimi Nguyen, Saba Tareen and Ashley Mach.



Photo by Dr. Mark Bauman

BY JENNIFER GARVIN

Washington — Health insurance reform. Alleviating student debt. Improving smiles for patients suffering from congenital anomalies.

The issues were big but the passion was even bigger at the ADA Dentist and Student Lobby Day. More than 1,100 dentists and dental students gathered for the event, which was jointly hosted by the ADA and American Student Dental Association.

ADA President Jeffrey

See ADVOCATE, Page 4

Oregon passes bill allowing dentists to give vaccines

BY KIMBER SOLANA

Wilsonville, Ore. — Dentists in Oregon can soon provide vaccinations, including annual flu shots and the human papilloma virus vaccine, to patients.

The Oregon state legislature approved a bill that adds the prescription and administration of vaccines into a dentist's scope of practice. House Bill 2220 received overwhelming bipartisan support and passed the Oregon Senate on April 25 and now awaits Gov. Kate Brown's signature, according to the Oregon Dental Association.

"Dentists are highly trained medical practitioners who are well-positioned to provide this additional preventive care service," said Dr. James McMahan, Oregon Dental

See VACCINES, Page 15

CODA offers resources to dental hygiene students affected by Argosy University closure

BY KIMBER SOLANA

In response to the Argosy University-Twin Cities closure in March, the Commission on Dental Accreditation is providing information and resources to programs that could help affected dental hygiene students fulfill their education goals.

"[CODA] will assist any program that is willing to accept the former Argosy students

by providing guidance with reporting program changes to CODA for review," according to a statement CODA released on April 11. "To that end, if another CODA-accredited dental hygiene program is interested in accepting Argosy students, the commission will review its program report in an expedited manner."

According to news reports, the for-profit

college system closed campuses nationwide on March 8 after it was cut off from federal loan programs, affecting more than 1,000 students. The college system had not distributed about \$13 million in federal loans to students nationwide. A federal court-appointed receiver now holds the schools' assets.

Since it became aware of Argosy's potential closure earlier this year, the commission said in a statement it has been in communication with CODA-accredited dental hygiene programs that may be willing to accept Argosy students, the Minnesota Office of Higher Education and the Argosy University receiver, in providing guidance and resources related to reporting program changes in order for a program to accept additional students.

On Feb. 12, the commission had requested that Argosy University submit a formal teach-out report, which details changes that might affect a program's ability to meet accreditation standards, after becoming aware of the potential closure of the program. Despite following up with Argosy, CODA has yet to receive a teach-out report, according to the commission.

"Further, no CODA-accredited dental hygiene program has requested CODA review of a program change by which it can accept the Argosy students," the Commission said in its statement. "The [commission] has no authority to require an education program to accept students."

According to the commission, it has been suggested that it waive accreditation standards and/or reduce requirements in order to accommodate Argosy students in other CODA-accredited programs. However, the commission stated it is obligated to ensure the sustained quality of CODA-accredited programs and cannot waive or reduce requirements.

And while the commission has provided information and resources to dental hygiene programs that may be interested in accepting the former Argosy University students, it is ultimately the accepting program's choice to admit students.

"A program's decision to admit students may be impacted by institutional policies on admission, program resources, program graduation requirements and other factors that may differ from the program previously offered by Argosy," the commission said in a statement.

To view a list of dental hygiene programs currently accredited by CODA, visit ADA.org/coda/find-a-program. In addition, the Minnesota Office of Higher Education has developed resources to communicate between schools, students and accreditors. Visit ohe.state.mn.us and click on "Information for Argosy University Students." ■



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Review and dispute open payments by May 15

The Centers for Medicare and Medicaid Services has set a deadline of May 15 to review and dispute Open Payments data for program year 2018. Disputes must be initiated by May 15. The data will be published in June.

According to the CMS website, Open Payments is a national disclosure program that promotes a more transparent and accountable health care system by making the financial relationships between applicable manufacturers and group purchasing organizations and health care providers available to the public. These payments include things like speaking fees, research, travel, gifts, meals and ownership interests in drug and device companies. Review of the data is strongly encouraged by the CMS.

For information on how to view the data, visit the Open Payments website at CMS.gov/openpayments. You can also contact the Open Payments help desk at openpayments@cms.hhs.gov or 1-855-326-8366. ■

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ADA Foundation launches American Hero Fund

The ADA Foundation has established a new fund to help veterans.

The American Hero Fund will award financial grants to selected organizations that provide oral health services to U.S. veterans.

“I feel the potential impact of this fund — and the impact of the resulting initiative — is absolutely tremendous,” said ADA Foundation President Bill Calnon, who announced the new fund during the ADA Dentist and Student Lobby Day on April 15.

The fund was started in memory of “our

great friend and colleague, Dr. Loren Feldner,” said Dr. Calnon, following a tribute to the former chair of the American Dental Political Action Committee and ADA Commission on Dental Accreditation who died Jan. 17.

Visit ADAFoundation.org to donate by clicking on “How to Help.” ■

Honoring heroes: ADA Foundation President Bill Calnon announces the American Hero Fund at Lobby Day. The American Hero Fund will award financial grants to selected organizations that provide oral health services to U.S. veterans.



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Dental student saves choking victim during Lobby Day

BY KIMBER SOLANA

Washington — In between office visits with Pennsylvania members of Congress, dental student Eric Bender was taking a quick lunch break in the Longworth House Office Building when something, from the corner of his eye, caught his attention.

A young man, about 18 years old, had stood up abruptly at a table nearby, he said.

“My first thought was that someone was having a heart attack,” Mr. Bender said, adding that the man was grabbing his left arm or chest. “Turns out he was doing the sign for choking.”

On April 15, the second day of this year’s ADA Dentist and Student Lobby Day, when about 1,100 dentists and dental student were meeting with elected officials to advocate on behalf of dentistry, Mr. Bender found himself at the right place and right time.

This was the first Lobby Day for Mr. Bender, a second-year dental student and co-founder of The Tooth Bank, a student-based nonprofit seeking donated teeth for students to use to practice pre-clinical work and to study dental anatomy.

The University of Pittsburgh School of Dental Medicine student already had a busy morning advocating for McCarran-Ferguson



Right place, right time: University of Pittsburgh dental student Eric Bender, attending his first Lobby Day event in Washington, D.C., saved a choking victim using the Heimlich maneuver technique he learned in dental school.

Act reform, alleviating student debt and improving smiles for patients suffering from congenital anomalies.

Saving a young man from choking, on his lunch break with a classmate, was not on his original Lobby Day agenda.

The choking victim’s father had jumped around the table and attempted the Heimlich maneuver on his son with no success.

“The father turned to look around the room for help, and I was already behind him,” Mr. Bender said. The second-year dental student said he trained on the Heimlich maneuver during orientation week in his first year in dental school.

“It was evident the young man was choking so I went behind him, carefully placed my fist above his belly button and [proceeded with several] large thrusts,” he said. According to the American College of Emergency Physicians, they recommend — for conscious adults — to position one clenched fist above the navel and below the rib cage, grasp the fist with the other hand and pull the clenched fist sharply and directly backward and upward under the rib cage six to 10 times quickly.

After the first two thrusts, the man was still choking.

“So I started to get worried,” Mr. Bender said. But on the third thrust, he decided to squeeze a little harder. That’s when the piece of food — the first bite of a chicken breast sandwich — dislodged and the man could breathe again.

“In hindsight, I should have performed harder thrusts from the get-go,” he said.

Mr. Bender said the parents were appreciative but were also in shock of what had occurred. He then made sure the choking victim was OK and comfortable from the abdominal thrusts.

“After returning to my seat, my lunch partner said, ‘That may have been the smoothest Heimlich maneuver ever,’” he said. “I guess it pays to stay current on your techniques and keep your calm.”

The event was a reminder, Mr. Bender said, for health care professionals that it’s their responsibility to be aware of basic life support, CPR, the Heimlich maneuver and other basic emergency response.

“We are responsible for our patients if anything happens in the dental chair and, as trained health care professionals, we are responsible to step up and take action when needed,” he said. ■

—solanak@ada.org

Advocate

Continued from Page 1

M. Cole praised the attendees for taking time out of their schedules to advocate on behalf of dentistry.

“Each year, the work that you do affects over 24,000 dental students and affects over 200,000 of our dentist colleagues,” said Dr. Cole in opening remarks. “Most impressively, it affects hundreds of millions of patients. That’s why it’s so important and critical that you have all gathered here and come to Washington.”

This is the third year the ADA and the American Student Dental Association have collaborated on Lobby Day, which kicked off April 14 and wrapped up April 16. The three-day event was expected to be one of the biggest for any health care association in 2019, organizers said.

“ASDA’s mission is to promote the rights, interests and welfare of dental students and advocacy is one of the most significant ways we fulfill that mission,” said ASDA President Craig McKenzie, a second-year student at the University of Pennsylvania School of Dental Medicine. “That is why it is so powerful to see all of you here today. You understand the importance of showing up and sharing your story.”

During the first of five April 15 panels, ADA staff and volunteers summarized the legislation attendees would be presenting during their Congressional visits. The three issues were: McCarran-Ferguson reform, which would empower the Justice Department and Federal Trade Commission to enforce the full range of federal antitrust laws against health insurance companies; higher education and student loan debt; and the Ensuring Lasting Smiles Act, which would ensure that children suffering from congenital anomalies and birth defects would receive the treatments they need. The panel featured Dr. Phillip Fijal, vice chair, ADA Council on Government Affairs; council member Dr. David White; and dental student Anisha Pandya; and was moderated by Mike Graham, ADA senior vice president of government and public affairs.

Many participants also shared stories that made the legislation feel personal.



Having fun: Howard dental students Arlene Asante, Iria Ondo and Lee Goodloe enjoy a panel discussion.

“My student loans take up 30-40% of my [after]-tax income,” said Dr. Jonathan Vogel, a 2018 graduate. “It impacts not just my practice decisions but every decision I make in life, whether that’s looking at buying a house, buying a car or starting a family.”

“When you personalize it like that, you make it real,” Mr. Graham said. “You’re going to be meeting with staff that either have debt now or had it so they can empathize with you.”

Dental faculties and senior practitioners also spoke of feeling the strain.

“I’ve been practicing 38 years and I’m tired,” said Dr. Bill Lee of Lexington, Kentucky. “I’m ready to give my practice up and bring someone else in to help my patients.”

Finding a dentist who can afford to buy his practice, however, has proven difficult, given the \$287,000 average debt many new graduates carry.

“This doesn’t only affect students, it affects the other side of the equation as well,” Dr. Lee said.

The ELSA issue also hit home.

“This issue is important to me because I was born with a complete bilateral cleft lip and palate,” said Dr. Mark Horner of Mary-

land.

Dr. Horner said he considered himself lucky because growing up, his father was a federal employee, which meant most of his treatment was covered.

“But I met people when I was a child” who weren’t as fortunate, he said.

Natalie Hales, a congressional lobbyist in the ADA’s Washington office, encouraged him to share that story during his Hill visits.

Role-playing

The session, “How to Meet with Your Member of Congress,” featured a demonstration of a typical visit to an office. The skit was facilitated by Dr. Charles McGinty, a former ADPAC chair, who also played a congressman during the set-up.

“It’s great to be upbeat when you walk in to the offices,” instructed Dr. McGinty. “Talk to them, introduce yourself, hand them your business card. Ask for their business card — that’s very important. You want that contact information. And ask them where they’re from. Many of those staff members are from your home district.”

Drs. Maria Maranga and Tim Treat and

dental student Lauren Yap assumed the roles of “Rep.” McGinty’s constituents.

The group also stressed the essential pre-meeting steps of assigning roles and developing talking points for each issue.

What the future holds

After a working lunch where dentists and students met with their state delegations to practice their presentations, Rear Adm. Timothy L. Ricks, chief dental officer for the U.S. Public Health Service, spoke on the advances in dentistry and the upcoming Surgeon’s General Report on Oral Health.

“These are really exciting times in oral health and our profession,” said Adm. Ricks. “Just within the last few months we’ve learned more about the relationship between oral health and systemic disease. We’ve implemented technology that’s changed how we practice dentistry and how we communicate with our patients, and we see new science every day that redefines what we know about that relationship.”

Leah Askaranim, a reporter and analyst with Inside Elections, discussed the 2018 mid-term elections and how the newcomers in Congress have changed the dynamic — which ultimately will affect the 2020 elections, she said.

The day’s featured speakers were former Sen. Kelly Ayotte, R-N.H., and Patti Solis Doyle, a Democratic operative and former campaign chief of staff to Joe Biden, exchanged opinions on the policy and politics from the conservative and liberal perspectives.

Sen. Ayotte commended the dentists and students for backing legislation both Republicans and Democrats support.

“You smartly have bipartisan sponsorship for all your issues because that’s the only way that anything gets done,” she said.

There was also a tribute to Dr. Loren Feldner, a former chair of the American Dental Political Action Committee. Dr. Feldner, who was also a dental educator and chair of the ADA Council on Dental Accreditation, died Jan. 17.

Follow all Lobby Day activities on social media using the conference’s official hashtag, #ToothParty. Stay tuned to ADA News for continuing coverage of Lobby Day. ■

Dentists, students awarded for their advocacy work

‘I don’t believe life is a spectator sport’

BY JENNIFER GARVIN

Washington — While addressing dentists and students April 16, Reps. Drew Ferguson, R-Ga., and Jeff Van Drew, D-N.J., both stressed bipartisanship as the key to succeeding in government and life.

In addition to being members of Congress, Reps. Ferguson and Van Drew are also longtime ADA members. The two lawmakers were the featured speakers at the annual ADA Dentist and Student Lobby Day awards breakfast.

“We try to find the common threads that run through every one of us and every single American so we can move this country forward,” said Rep. Ferguson, who admitted it’s a “tough time” for lawmakers right now.

He said his background as a dentist and small-town mayor prepared him well for Congress.

“Being a dentist really did,” he said. “Everyone who came through my door needed something fixed for the lowest cost with no pain.”

During his remarks, Rep. Van Drew talked about the importance of strong advocacy, particularly when it comes to dentistry.

“I don’t believe life is a spectator sport,” he said. “I believe if you want to do something, you get involved and you give it your all and you make a difference. It is important that you are here and want to make a difference.”

“I believe if you want to do something, you get involved and you give it your all and you make a difference.”

Like Rep. Ferguson, Rep. Van Drew also stressed the need for all politicians — regardless of party — to work together.

“All the great men and women who founded this country worried about political parties and what they believed in was America. What they believed in was freedom. What they believed in was opportunity. They believed in giving people a chance,” he said.

Prior to the congressional keynotes, the American Dental Political Action Committee presented grassroots advocacy awards, which included:

- Highest ADPAC contributions in a single state district: California.
- Highest ADPAC contributions in a multistate district: The 16th District of North Carolina, South Carolina and Virginia.
- Multistate district with highest percentage of membership: The 10th District of Iowa, Minnesota, North Dakota, South Dakota and Nebraska.
- Highest percentage of membership in a single state district: Illinois.

The American Student Dental Association also presented awards. ASDA named Ambika Srivastava, a third-year student from the University of Mississippi School of Dentistry, as the organization’s National Liaison of the Year recipient.

ASDA’s regional legislative award winners were:

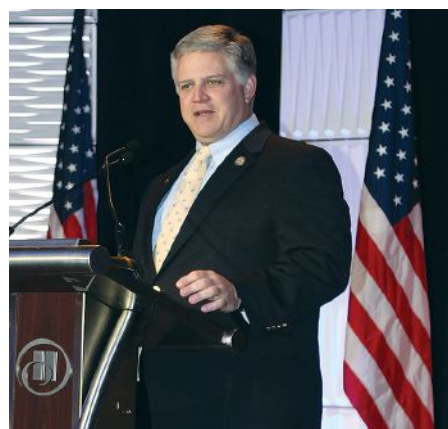
- Districts 1, 2, 3: Aimee Werfel, University at Buffalo School of Dental Medicine, class of 2020.

- Districts 6, 7: Malika Malik, University of Michigan School of Dentistry, 2021.

- Districts 8, 9: Shilpa Kudva, Texas A&M College of Dentistry, 2021.

- Districts 10, 11: Sarah Elghor, UCLA School of Dentistry, 2021. ■

—garvinj@ada.org



Lawmakers: From left, Reps. Drew Ferguson, R-Ga., and Jeff Van Drew, D-N.J., address dental students and dentists April 16 at the annual ADA Dentist and Student Lobby Day awards breakfast.



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GOVERNMENT

Organized dentistry urges Congress to repeal medical device tax

BY JENNIFER GARVIN

Washington — The Organized Dentistry Coalition is once again asking Congress to repeal the medical device tax.

In an April 23 letter to Senators Pat Toomey, R-Pa., and Amy Klobuchar, D-Minn.; and Reps. Jackie Walorski, R-Ind., Richard Hudson, R-N.C., Ron Kind, D-Wis., and Scott Peters, D-Calif., the coalition — led by the Academy of General Dentistry — urged lawmakers to per-

manently repeal the 2.3% excise tax on medical devices set to take effect at the end of the year.

“As dentists, we are deeply concerned about the adverse impact the medical device tax paid by manufacturers, importers and producers of certain dental devices will have on patient care, innovation and cost,” the groups wrote.

If the tax goes into effect, the coalition believes manufacturers would have “no choice

but to offset these new costs by increasing the prices of the materials, supplies and equipment sold to dental practices,” which would not only affect dentists and the dental industry, but patients as well.

“As you are aware, this tax was established by the Affordable Care Act, a law designed to decrease overall health care costs and make affordable treatment more readily available to those currently left out of the system,” the

groups wrote. “Unfortunately, this tax has resulted in the opposite effect. Now is the time when we should be doing all that we can to expand access to critical health services, such as oral care, not adding an extra barrier in the form of an arbitrary tax that unnecessarily drives up costs.”

Follow all of the ADA’s advocacy efforts at ADA.org/advocacy. ■

—garvinj@ada.org

Coalition expresses concerns over U.S.-Mexico Tourism Improvement Act

BY JENNIFER GARVIN

Washington — Until Mexican programs achieve accreditation through the Commission on Dental Accreditation, U.S. dental schools should not build relationships with Mexican schools.

This was the overarching message of an April 23 letter from the Organized Dentistry Coalition to Rep. Henry Cuellar, D-Texas, lead sponsor of HR 951, the United States-Mexico Tourism Improvement Act. If passed, the legislation would expand tourism between the United States and Mexico, including for dental care.

In the letter, the organizations said they believe patients’ dental care when visiting dentists trained in non-accredited Mexican dental schools cannot be guaranteed and urged lawmakers to include this in the legislation. Currently, no Mexican dental schools are accredited through CODA.

“The Commission on Dental Accreditation serves the oral health needs of the public through the development and administration of standards that foster continuous quality improvement of dental and dental-related educational programs,” the organizations wrote. “Accreditation ensures academic quality and public accountability.

“We believe that, until Mexican programs have received CODA accreditation, U.S. dental institutions should not build relationships with Mexican institutions for the purpose of having patients visit Mexican facilities for treatment.”

The organizations also recommended that Congress consider other factors critical to patient safety such as licensure of dentists and facilities following accepted asepsis, infection control and biohazard control protocols when assessing the feasibility of building partnerships among dental institutions between the United States and Mexico.

“These safeguards are critical components to dental care that patients in the United States take for granted. Lack of attention to these details may lead to a false sense of security for patients seeking care outside of the United States,” the letter concluded. ■

—garvinj@ada.org

1 SHADE

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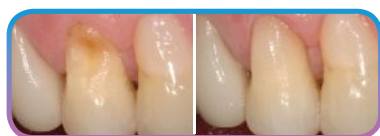
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KeyBank acquires ADA-endorsed Laurel Road

BY KIMBER SOLANA

Cleveland — KeyBank National Association announced in April it acquired the digital lending business of Laurel Road, the student loan-refinancing program endorsed by the ADA. Through the acquisition, the Laurel Road brand will remain in place, along with its agreement with the ADA, according to a news release.

KeyBank, a bank-based financial services company, seeks to accelerate growth by



leveraging Laurel Road's national reach, existing infrastructure and technology capabilities.

"Laurel Road set out to deliver a simple yet superior lending experience for millennials at

every financial milestone," said Gary Lieberman, founder and chairman of Laurel Road Bank, in a news release. "As part of KeyBank, our capabilities and scale have even more potential, and together we're committed to enhancing the digital financial experience for all customers."

KeyCorp is one of the nation's largest bank-based financial services companies, with assets of about \$139.6 billion, as of December 2018. It provides deposit, lend-

ing, cash management and investment services to individuals and businesses in 15 states under the name KeyBank National Association.

Through Laurel Road, ADA members receive an extra 0.25% discount on their student loan refinancing rate as long as they maintain their membership. Variable rates for members range from 2.25%-6.50%; fixed rates range from 3.25%-6.77%.

In addition, dental students going into any one of the specialties recognized by the Association and general practice residencies are able to refinance their entire student loan portfolio as soon as they are matched to a residency program. Rates for the Resident Student Loan Refinancing program range from 4.27% to 6.99%, including an extra discount for those that set up autopay.

For more information on Laurel Road and student loan refinancing and current rates, visit LaurelRoad.com/ADA.

For information on ADA debt resources, visit ADA.org/mydebt. ■

—solanak@ada.org

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ADA, other groups ask Congress to make pass-through deduction in tax code permanent

BY JENNIFER GARVIN

Washington — The ADA and more than 100 organizations are asking Congress to make the 20% pass-through deduction introduced in the Tax Cuts and Jobs Act permanent.

Under current law, that deduction — known as Section 199A — expires after Dec. 31, 2025. In 2017, the ADA successfully advocated to ensure the dental profession benefits from the Tax Cuts and Jobs Act — the first major rewrite of the U.S. tax code in more than 30 years.

In January, the House introduced HR 216, the Main Street Tax Certainty Act of 2019, which would make permanent the Section 199A 20% qualified business income deduction.

In an April 11 letter to the House Committee on Ways and Means and Senate Finance Committee, the groups urged lawmakers to support the legislation for the millions of employers organized as S corporations, partnerships and sole proprietorships.

"These Main Street employers are the backbone of the American economy — they employ the majority of U.S. workers and represent 95% of all businesses," the groups wrote. "Despite the economic importance of the pass-through sector, the Section 199A deduction is scheduled to sunset at the end of 2025. Repealing this sunset will benefit millions of pass-through businesses, leading to higher economic growth and more employment." ■

—garvinj@ada.org



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Creating a national holiday celebrating smiles, dental care

BY KIMBER SOLANA

Lake in the Hills, Ill. — There's National Peanut Butter Day, followed by Bubble Wrap Appreciation Day. There are days — however strange or silly — dedicated to celebrating everything from national parks and tapioca pudding to pumpkin pie and pets.

But when Dr. Tim Stirneman and his director of business development, Jim Wojdyla, looked online for national holidays that celebrate smiles and healthy teeth, they didn't find much. There's National Brush Day on Nov. 1 and National Children's Dental Health Month in February, which also includes National Tooth Fairy Day on Feb. 28.

"I wondered what it would take to get one of these holidays," said Dr. Stirneman, a general and cosmetic dentist in Lake in the Hills, Illinois.

That curiosity is the reason that this May — whether through social media or visiting their dentist — people can celebrate National Dental Care Month. The month ends with National Smile Day on May 31, which shares holiday real estate with National Macaroon Day and National Speak in Complete Sentences Day.

"We just thought it was a fun idea," Dr. Stirneman said. "We knew the holiday could spark some feel-good stories around dental health."

Dr. Stirneman and Mr. Wojdyla registered the day and month with the National Day Calendar, a North Dakota-based organization that tracks nearly 1,500 traditional and non-traditional national days, weeks and months.

Wanting to learn more about the application process, Dr. Stirneman said they called a number for the National Day Calendar they found online.

"We didn't think we'd get an answer, but [Marlo Anderson], the founder of the calendar, picked up the phone," Dr. Stirneman said. "He told us our ideas were good and to go ahead and submit them both."

National Day Calendar receives about 20,000 applications each year but only 25 to 30 of them are approved by an internal committee, Mr. Anderson said in a January 2019 interview with Slate. While it's free to apply, there is a fee to make a holiday recognized by the group.

Dr. Stirneman and Mr. Wojdyla submitted their application on November 2017. The

holidays were finalized in spring of 2018.

According to the National Day Calendar, National Dental Care Month brings awareness to the importance of preventative dental care "just in time for a summer full of family reunions, weddings and vacations — all times we love to take pictures and smile." People are encouraged to observe National Dental Care Month by reviewing their dental habits and checking in with their dentist.

For National Smile Day, observers are encouraged to share photos of their smile on social media using the hashtag

#NationalSmileDay. "There is so much a smile can do. Just one smile can brighten someone's day," the National Day Calendar website states.

It takes about three years, Dr. Stirneman said, for a new holiday to pick up steam with the public. In 2018, the first year of National Dental Care Month and National Smile Day, the holidays generated some traction with some local news networks asking their viewers what made them smile.

Dr. Stirneman's practice, Compassionate Dentalcare, observed the first National Smile

Day by donating more than \$30,000 in free dental services such as cleanings and extractions. This year, Dr. Stirneman and Mr. Wojdyla are attending a book fair in New York to promote their children's book, "Mya Papaya Meets the Wizard of Teeth." In the story, which promotes dental health to children, one of the characters celebrates National Smile Day by going to the dentist.

"There are so many ways to celebrate," Dr. Stirneman said. "We just want to bring attention to the importance of dental health but also have some fun with it." ■



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Founders: From left, director of business development Jim Wojdyla and Dr. Tim Stirneman founded May as National Dental Care Month and May 31 as National Smile Day.

Things to do, see, eat during ADA FDI World Dental Congress

BY MARY BETH VERSACI

San Francisco—From the iconic Golden Gate Bridge to the colorful Painted Ladies, there is no shortage of sights to see in San Francisco, the host city of the ADA FDI World Dental Congress Sept. 4-8 at the Moscone Center.

Dentists, their teams and their families can enjoy these attractions and more as they turn the meeting into a vacation opportunity in the city by the bay.



"You'll find out why Tony Bennett left his heart in San Francisco," said Dr. Dennis Shinbori, a San Francisco dentist who is the chair of the American Dental Association Committee on Local Arrangements.

Below are some of Dr. Shinbori's suggestions of things to do and see in town.

Attractions

- **Golden Gate Bridge:** For more than 80 years, the bridge has served as a bright gateway to San Francisco. Take a stroll across the famed structure, check out exhibits at the welcome center and explore the natural beauty of the Golden Gate National Recreation Area at either end of the bridge. For a different view of the bridge, including the chance to sail underneath it, book a ticket on a San Francisco Bay cruise.

- **Painted Ladies:** Whether you're a fan of historical architecture or the classic sitcom "Full House," you'll want to snap some pictures of this block of Victorian homes at Hayes and Steiner streets, one of the most photographed sites in the city.

- **Alcatraz:** Instead of escaping Alcatraz, why not venture inside and see the notorious federal penitentiary for yourself? Tours are offered both during the day and, for the brave, at night.

- **Cable cars:** Take a ride on one of the only moving historic landmarks in the U.S. The cars are the world's last manually operated cable car system.

- **Hills:** San Francisco may be the city by the bay, but it's also a city of seven hills. One of the most famous is Russian Hill, which includes the winding turns of Lombard Street, said to be the most crooked street in the world.

- **Pier 39:** Shop 'til you drop at the many retailers here, and see some sunbathing sea lions lounging on the boat docks while you're at it. The Aquarium of the Bay also offers plenty of fishy fun for visitors.

- **"Beach Blanket Babylon:"** See this long-running pop culture and political satire famous for its enormous hats before the curtain closes on it for the final time Dec. 31.

Those eager to sample the city's diverse fare can follow these dining tips from Dr. Shinbori and Dr. Michael Fox, food consultant to the Committee on Local Arrangements.

Food

American/Californian:

- Al's Place, 1499 Valencia St.

- Nopa, 560 Divisadero St.
- State Bird Provisions, 1529 Fillmore St.

Bars/cocktails:

- ABV, 3174 16th St.
- Tonga, 950 Mason St.
- Top of the Mark, 999 California St.

Chinese:

- Dragon Beaux, 5700 Geary Blvd.
- Far East Café, 631 Grant Ave.
- Z & Y Restaurant, 655 Jackson St.

French:

- Brenda's French Soul Food, 652 Polk St.
- La Folie, 2316 Polk St.
- Piperade, 1015 Battery St.

Italian:

- Acquerello, 1722 Sacramento St.
- La Ciccia, 291 30th St.
- SPQR, 1911 Fillmore St.

Japanese:

- Akiko's, 431 Bush St.
- Ebisu, 1283 Ninth Ave.
- Tanuki, 4419 California St.

Mexican:

- Californios, 3115 22nd St.
- La Taqueria, 2889 Mission St.
- Tommy's Mexican Restaurant, 5929 Geary Blvd.

Seafood:

- Sam's Grill, 374 Bush St.
- Swan Oyster Depot, 1517 Polk St.
- Tadich Grill, 240 California St.

Steakhouses and fine dining:

- Epic, 369 The Embarcadero.
- Gary Danko, 800 North Point St.
- House of Prime Rib, 1906 Van Ness Ave.



Cable car: San Francisco's cable cars are one of the only moving historic landmarks in the U.S.

Thai:

- Farmhouse Kitchen, 710 Florida St.
- Kin Khao, 55 Cyril Magnin St.
- Lers Ros, 730 Larkin St.

For additional ideas on how to experience San Francisco, as well as travel discount information, go to ADA.org/meeting and click on "Travel & San Francisco." The Association has contracted reduced rates with multiple hotels in San Francisco exclusively for ADA FDI 2019 attendees, who can make hotel reservations via the meeting registration site.

To register for ADA FDI 2019 or learn more, visit ADA.org/meeting. ■

Entries sought through July 15 for inaugural ADA Design Innovation Awards

BY KIMBER SOLANA

In search of dental facilities that seamlessly combine aesthetic appeal, function and design, ADA Member Advantage, ADA Council on Dental Practice and BMO Harris Bank are seeking entries through July 15 for the inaugural ADA Design Innovation Awards.

Association members are encouraged to submit entries for the "new build" and "remodel" categories. All practice types and sizes are welcome.

"When dentists remodel or design an office, they put their hopes and dreams into it," said Dr. Julia Mikell, member of the ADA

Council on Dental Practice subcommittee that's judging the contest. "The contest is an opportunity to show their colleagues how their vision became reality. Dentists want to be proud of how their office looks and works because they are welcoming their community into it as it is their home, their dental home."

Judging criteria for the contest include aesthetic appeal, such as use of color, light/windows and theme; utilization of technology; function and efficiency; innovation; and how well the design has accomplished the entrants' objective.

Dental practices should also accommo-

date the needs of the patient and those of the dental team within the same beautiful space, Dr. Mikell said.

"We will also be asking the [dentists] to comment on what their objectives or goals for their design were and how they were accomplished," she said. "We hope that this will be a place where they can give inspiration and hindsight experience to help future office designers."

Finalists of the ADA Design Innovation Awards will be displayed on the exhibit hall floor at ADA FDI World Dental Congress 2019 in San Francisco where attendees can

cast a vote for their favorites. Winners will receive a \$1,000 prize and be featured in ADA publications.

"This should be a fun way to celebrate your achievement," said Dr. Stacey Van Scoyoc, chair of the ADA Council on Dental Practice. "It is not an easy thing to design a practice from scratch or to remodel an existing space. Get some recognition for your practice and a well-deserved pat on the back."

For more information, including complete contest rules and entry forms, visit ADA.org/DIA. ■

Measles

Continued from Page 1

follow these protocols, patients with a fever may not be the best candidates for nonemergency treatment until they are medically cleared by their physicians. If a patient has an emergency, the emergency may contraindicate the need for medical clearance, according to the association.

"The dentist's emphasis should remain facilitating patient treatment, not 'refusal to treat certain patients,'" the state dental association said.

The Centers for Disease Control and Prevention recommends that dentists prevent the spread of infectious diseases by having an infection control program that addresses staff safety, complies with the Occupational Safety and Health Administration's bloodborne pathogens standard and includes occupational health needs such as vaccinations, exposure management, post-exposure protocols and work restrictions for staff members who are ill. Dentists should provide education and training to personnel and follow standard precautions as well.

Another step dentists can take to address re-

spiratory hygiene within their practices is to post signs that instruct patients to use tissues, cover their mouths and noses when they cough or sneeze and disinfect their hands, the CDC advises. Offices should provide tissues and no-touch receptacles for tissue disposal, as well as a way for patients to sanitize their hands.

The most important thing a dentist can do is to stress to parents that the measles-mumps-rubella vaccine is "extremely safe and highly effective" in the prevention of measles, which can be life threatening to a child, said Dr. Angelo J. Mariotti, chair of the American Dental Association Council on Scientific Affairs.

"This is a significant public health issue that can be ameliorated by parents vaccinating their children," Dr. Mariotti said. "Parents are concerned that vaccines can cause autism, but that's been shown by numerous studies not to be true."

As of press time, the CDC reported there were 704 measles cases in 2019 in Arizona, California, Colorado, Connecticut, Florida, Georgia, Illinois, Indiana, Iowa, Kentucky, Maryland, Massachusetts, Michigan, Missouri, Nevada, New Hampshire, New Jersey, New York, Oregon, Tennessee, Texas and Washington. This

surpasses the 667 reported in 2014, which previously had the most cases since the disease was considered eliminated in 2000.

In response to the outbreak, New York City leaders declared a public health emergency April 9 in certain zip codes within the Williamsburg neighborhood of Brooklyn. Unvaccinated residents who may have been exposed to measles will be required to receive the MMR vaccine or potentially face a \$1,000 fine.

Symptoms of measles include tiny white spots inside the mouth, high fever, cough, runny nose, rash and red, watery eyes. The virus can be spread to others through coughing and sneezing, living for as long as two hours in an airspace, according to the CDC. Others can become infected if they breathe the air or touch a contaminated surface and then touch their eyes, nose or mouth.

The CDC recommends that health care providers ensure their patients are current on the MMR vaccine. Health care professionals also should have documented evidence of immunity themselves, and if they do not, they should get two doses of the MMR vaccine, separated by at least 28 days. One dose of the vaccine is 93% effective against the measles, while two doses are 97% effective, according to the CDC.

Adults born before 1957 are assumed to be protected against the measles because they likely were infected naturally, the CDC states. However, even if health care personnel were born before 1957, they should still consider getting two doses of the vaccine if they do not have laboratory evidence of immunity or disease.

Those who received a live measles vaccine in the 1960s do not need to be revaccinated, but people who were vaccinated prior to 1968 with an inactivated measles vaccine should be revaccinated with at least one dose of the live version, the CDC advises.

In April 2017, the ADA sent a letter to the White House, emphasizing how "vaccinations have saved countless lives and billions of dollars in medical costs."

"Administering vaccines to stimulate a person's immune system is one of the most effective methods of preventing infectious diseases," ADA Executive Director Kathleen T. O'Loughlin and former President Gary L. Roberts said in the letter. "In fact, the widespread use of vaccines has eradicated smallpox and significantly reduced the incidence of polio, measles, mumps, rubella, tetanus and a host of other preventable diseases." ■

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Veteran receives a new smile after lifetime of service

‘This person is so deserving’

BY DAVID BURGER

Rocky Mount, N.C. — Billy Joyner, 79, was in the U.S. Army and National Guard in the early 1960s, but his service didn’t end there.

Since then, Mr. Joyner has served his community in too many ways to count.

He was a volunteer firefighter for 37 years.

He coached Little League baseball for a dozen years.

He has traveled with his church — the same church he was baptized in — on humanitarian missions to Costa Rica, the Bahamas and Nicaragua.

On top of driving other elderly adults around the region to their doctor appointments, he is in the midst of building handicapped ramps where needed throughout his North Carolina town.

One thing the retired butcher and carpenter didn’t do was look after his teeth. He has survived melanoma that occurred near his ear, but radiation therapy caused major teeth decay, he said. But he was on a fixed income, not being able to afford dental care.

Mr. Joyner finally relented to seek help when he found himself having chewing problems — especially when trying to enjoy his favorite meal of pork chops. He habitually, incessantly put his hands in front of his teeth because he was embarrassed at how they appeared.

In late 2018, dentist John “Joc” Jernigan, of DentureCare and Implant Solutions in Rocky Mount, North Carolina, learned during a consultation about Mr. Joyner’s veteran status and legacy of community service. The member dentist decided to do a full smile transformation using dental implants and removable prostheses, at no charge, for Mr. Joyner.

“I almost fell out of my chair and almost lost all the teeth I had left,” said Mr. Joyner when he received a call from Dr. Jernigan that he wouldn’t charge the veteran. “It was a shock to me and a shock to my wife.”

According to Dr. Jernigan, it was the least he could do for a veteran who had dedicated his life to his community. “This person is so deserving,” said the dentist, whose practice — which he shares with his father, Dr. Edward W. Jernigan — focuses exclusively on treating tooth loss using dentures and dental implants.

Multiple trips to get treated by Dr. Jernigan ensued, including extensive surgery, and in February of this year, Mr. Joyner sported a smile that he no longer had to hide. “He had to relearn how to smile,” Dr. Jernigan said.

“He figured it out.”

The value of the extensive treatment, Dr. Jernigan said, was about \$30,000.

“It’s a special thing,” Dr. Jernigan said. “Seeing Billy go through it made me want to do it again.” ■

—burger@ada.org



Together: Veteran Billy Joyner, left, shows off his new smile with his dentist, Dr. John “Joc” Jernigan, at the dentist’s practice in Rocky Mount, North Carolina.

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CMS releases Medicare fraud and abuse booklet

Washington — The Centers for Medicare and Medicaid Services announced April 11 that it has released a free booklet entitled “Medicare Fraud & Abuse: Prevention, Detection and Reporting.” The booklet provides information on the laws of fraud and abuse, ways to report suspected fraud and proper protocol for physician relationships with vendors.

The 27-page booklet is available for download by searching for the name of the booklet at CMS.gov. ■

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After theft, Howard students rally around class president

BY MARY BETH VERSACI

Washington — Howard University dental student Breanna Benbow was busy studying at the library when the unthinkable happened: Someone broke into her car parked across the street and stole thousands of dollars' worth of dental instruments.

"I was petrified, I was terrified, and I honestly didn't really know what to do," said Ms. Benbow, 29, who is originally from Baltimore.

Ms. Benbow had been studying at the Washington, D.C., university's Louis Stokes Health Sciences Library for about seven hours when she left at 9 p.m. on Sept. 30, 2018. When she got to her car, she saw the rear passenger side window was broken and her dental instrument case was missing.

Among the stolen items were hand pieces, a curing light and a restorative cassette with associated instruments. Ms. Benbow's losses exceeded a whopping \$8,900, leaving her with one big question on her mind.

"Where is this money going to come from?" she said. But Ms. Benbow was not left to figure out her next steps on her own.

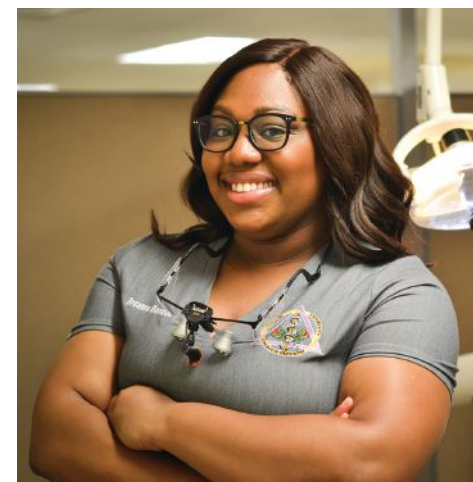
As the president of the college of dentistry's Class of 2021, she was used to helping her classmates, and now her peers wanted to return the favor.

Students Yemisi Thomas and Tara Fatmi created a GoFundMe page the day after the theft, and soon, their efforts spread to the rest of their classmates and beyond.

The page ultimately raised \$3,615 for Ms. Benbow. She also received support in other ways, from dental professionals purchasing specific instruments for her to upperclassmen donating materials they would no longer need.

Ms. Benbow said the outpouring of love and support she received still "blows her mind."

"Just to know that there are people who



Returning the favor: Howard University dental student Breanna Benbow received help from her peers after someone broke into her car and stole thousands of dollars' worth of dental instruments.

believe in you and who really want to see you do well, it honestly was overwhelming but in a great way," she said. "It just really gave me this sense of confidence and just this sense of pride in the profession that I had chosen."

Ms. Thomas, who serves as vice president of the class, said she was surprised by the amount of money raised and the reach the fundraiser achieved, but when it comes to the Class of 2021, its members look out for each other.

"Everybody knows what she's done for the class and how she goes above and beyond making sure that everything is always set right and nobody's left behind and that we're all moving forward together," she said. "It was, without a doubt, just one of those things where she takes care of us, we definitely have to take care of her." ■

—versacim@ada.org

May JADA examines impact of all tobacco products on oral health

BY MARY BETH VERSACI

All tobacco products, not just cigarettes, could be harmful to periodontal health, according to research published in the May issue of The Journal of the American Dental Association.

The cover article, "Tobacco-Use Patterns and Self-Reported Oral Health Outcomes: A Cross-sectional Assessment of the Population Assessment of Tobacco and Health Study, 2013-2014," found gingival disease diagnoses were more likely to be reported among nearly all tobacco product users compared with those who had never used tobacco. Similarly, the odds of gingival disease treatment also were higher among all users, except for current experimenters, users of smokeless tobacco products and hookah users.

"Dental professionals need to understand how tobacco use affects oral health, dental treatment and overall health and well-being," said Dr. Benjamin W. Chaffee, corresponding author who is an assistant professor at the University of California, San Francisco School of Dentistry. "Dentists asking only about cigarette smoking may be missing a substantial portion of patients who are using tobacco and suffering poor health outcomes because of it."

The researchers used data from the Population Assessment of Tobacco and Health study, which includes the self-reported tobacco use and health outcomes of 32,320 U.S. adults.

"Regarding e-cigarettes specifically, one must remember that this study was based on cross-sectional data and self-reported outcomes," Dr. Chaffee said. "Therefore, it should not be taken as proof that e-cigarettes cause oral disease. However, the association deserves further study, especially given recent increases in e-cigarette use."

To read the article, visit JADA.ADA.org.

Other articles in the May issue of JADA examine the ethical considerations when prescribing opioids to patients for acute dental pain and the potential for new fluoride- and calcium-containing toothpastes to remineralize caries lesions. Every month, JADA articles are published online at JADA.ADA.org in advance of the print publication. ■



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NYU's Saturday Academy engages teens, looks to increase diversity

BY MICHELLE MANCHIR

Editor's note: This is the third article in an ADA News series examining the changing demographics and increasing diversity in dentistry.

New York — Groups of high school students in New York City spend every other Saturday during the fall semester learning to make mouthguards, cleaning teeth and filling cavities on typodonts and taking impressions for dentures.

The students' hands-on sneak peek into dentistry, dubbed the Saturday Academy, is a result of the brainstorming and work of Drs. Cheryline Pezzullo and Lorel Burns.

Dr. Burns said she was inspired to launch the program after attending a session at the ADA annual meeting in 2012 as a second-year dental student about how certain minority groups are underrepresented in dentistry.

At the same meeting, Dr. Burns, a 2015 NYU School of Dentistry graduate, encountered dental students from other universities who were presenting information about student-led programs at their schools to help uplift underrepresented students and engage them with the profession.

"That was enlightening to me and validating to me," said Dr. Burns. "I was motivated to come back to NYU with an idea."

She took that idea, came up with a curriculum and got a green light to move forward with it from the director of student affairs. She also teamed up with her classmate, Dr. Pezzullo, who was involved with the Hispanic Student Dental Association, to make Saturday Academy happen. The plan: to help engage teens from underrepresented communities with dentistry so they see it as a viable profession, while also guiding them through the college application process.

The first class of about 20 students was recruited for the fall of 2013, with the then-students relying on word of mouth and outreach programs to find students from underrepresented communities. Drs. Pezzullo and Burns led the program, using half of the class time to discuss resume-building, interview skills, filling out college applications, essay writing and other es-



Success: Dr. Lorel Burns, bottom row, far left, and Dr. Cheryline Pezzullo, bottom row, far right, stand with the 2018 graduating Saturday Academy class during the ceremony Dec. 1, 2018.

sentials for accessing higher education. Parents and guardians were encouraged to attend some of the sessions, which focus on financial aid. The second half of the course usually involved a dental activity at a university laboratory.

"It makes it real for them. They see dentistry can be a multifaceted career choice; it's not doing fillings," said Dr. Pezzullo.

Since that first class, a total of 108 students have participated in the program. Students fill out a survey after finishing, and Dr. Burns said surveys from students who attended the first five years of the program showed that almost half of them remained interested in dentistry as a profession. 2019 is the first year that Saturday Academy

graduates can apply to dental school. More than 70 percent of participants are expected to be the first in their family to attend college.

Drs. Burns and Pezzullo are now both faculty members at the NYU College of Dentistry but remain advisors for the program, which continues to be led by volunteer dental students and supported by the college. It is never difficult to recruit student volunteers, Dr. Burns said.

In 2018, fourth-year NYU dental student Wendell Carmona and third-year dental student Vanessa Cortinas led the workshops.

Mr. Carmona said he sees participating with the program as a way to be a mentor for students with backgrounds similar to his. This is



his fourth year volunteering with the program, and he keeps in touch with some past participants who've emailed him asking for help with essay writing or to serve as a reference.

"In high school, I didn't have as many resources as I would've liked in terms of finding a college or how to go about discovering my interests," said Mr. Carmona, who grew up in a suburb of New York City.

Ms. Cortinas said she likes being able to interact with the students, encourage them and show them that they're capable of doing things they may not have known about.

"We give them knowledge they didn't have before and show them dentistry is something they can do," she said. "They see us as their leaders and realize they can follow our path."

To be sure, showing students from underrepresented communities that people who look like them are pursuing dentistry and serving as dentists, is an essential intention of the program.

"Representation matters," said Dr. Pezzullo. "For patients, especially in New York City, we have people from different areas and it's important that they can connect through language, culture, and see clinicians who look like them and really understand where they're coming from."

NYU College of Dentistry Saturday Academy is recruiting for its fall 2019 cohort. For more information, visit dental.nyu.edu/globalreach/saturday-academy.html. ■

The 'Iceman' cometh: Pennsylvania dentist wins fifth skiing championship in giant slalom

BY DAVID BURGER

Lancaster, Pa. — At his Pennsylvania dental practice, he is known as Dr. Steven J. Rheault.

But on the ski slopes, he is universally known as the Iceman.

"I was racing in Lake Placid, New York, on the Olympic Hill," Dr. Rheault recalled of a long-ago race. "It was very icy. Athletes were falling and getting hurt. When I came down, everything worked. The announcer could not believe his eyes. He announced, 'Look at that man take the ice. Look at him carve the ice. He is the Iceman.' The name stuck ever since."

The Iceman carved the ice once again April 6, when he won his fifth national championship for the giant slalom in his age group at the 2019 Liberty Mutual NASTAR National Championships in Squaw Valley, California.

The 65-year-old, who will mark his 40th anniversary as a general dentist in 2020, said he cherishes competitive ski racing and dentistry for the same reasons. "I love dentistry, and I love competitive skiing," he said. "Just as in dentistry, in most cases, we all work together to get the best result. We set goals, we work hard to achieve them. We study hard. You just don't wake up some day and you're a dentist. Just as in competitive skiing and dentistry, you strive for perfection."

The 1980 graduate of Temple University's Maurice H. Kornberg School of Dentistry

began skiing at the age of 3, prodded by his doting father, who skied until he turned 92.

But when Dr. Rheault went off to West Virginia University for his undergraduate degree and then dental school, competitive skiing went by the wayside.

"I always wanted to be a dentist, since 10th grade in high school," Dr. Rheault said. "I wanted to control my own destiny and help other people. I am so happy and proud of what dentistry has given me and I would definitely have to do it again."

After several years of dentistry, he had the opportunity to go skiing with Billy Kidd, legendary ski racer and Olympic gold medalist, in Steamboat Springs, Colorado. Mr. Kidd saw Dr. Rheault's innate talent and go-getter attitude and convinced the young dentist to train and become a competitive skier again.

NASTAR — NATIONAL STANDARD RACE — is the largest recreational ski and snowboard race program in the world and today, NASTAR is operated by U.S. Ski & Snowboard (formerly known as the U.S. Ski and Snowboard Association, the national governing body for Olympic skiing and snowboarding).

Since NASTAR's inception, more than 6 million skier and snowboarder racer days have been recorded. Annually, more than 50,000 racers compete at 100 resorts across the country in order to qualify for the finals. A handicap system, not unlike what is used in golf, helps

determine final results in each age and ability division. There are age groups from under 6 to 95 and older.

Dr. Rheault qualified for and reached the national championships for the first time in 2002, when the event was held in Park City, Utah. He finished 22nd.

After skipping the championships for a personal commitment in 2003, he and his fast-twitch muscles qualified again in 2004 and competed in the national championship. This time, he won. It was the first of five.

Dr. Rheault doesn't plan on retiring from racing or dentistry any time soon. His practice employs three associates, and "they give me discretionary time," he said. That allows him to train all over the country on top of training at night on nearby slopes; he said he can fly out of the Harrisburg airport in the morning and make it to the world-class ski resorts in Park City in about six hours. "It's a mission of joy," he said.

Dr. Kaushal P. Kapadia, an associate in Dr.



Top of the world: Dr. Steven J. Rheault, second from left, smiles alongside his ski racing colleagues at the 2019 NASTAR National Championships in Squaw Valley, California.

Rheault's office, said it is "amazing" that the latter used to work six days a week and still comes in five days a week despite the extensive ski training Dr. Rheault does. "He works more than 40 hours a week," Dr. Kapadia added.

While dentistry is his labor of love, skiing does offer a different perspective. "Dentistry keeps me indoors," Dr. Rheault said. "Skiing takes me outside, to the outdoors, seeing beautiful scenery. It's like a theme park."

Dr. Rheault's life is a balancing act, but the dentist wouldn't have it any other way. ■

Apply for ADA certificate to note international volunteerism

BY DAVID BURGER

ADA members and student members who have volunteered internationally to improve the oral and overall health of individuals are eligible to receive a token of thanks from the Association.

Applications are due July 1 for the 2019 Certificate for International Volunteer Service.

Criteria for applying for and receiving the certificate include:

- Current ADA membership. The U.S.-based member can be active, life, student or retired.

- Minimum of 14 days of international volunteer service within a 24-month period. This work should be sponsored by a dental school or recognized nonprofit organization.

- Membership in good standing.

A letter or email from the organization verifying service dates is required.

The ADA may award a certificate to the

same individual more than once, provided 14 new days of service have been completed for each certificate. Applicants may provide up to four International Volunteer Service examples per application.

The intent of the Certificate for International Volunteer Service is to encourage and support sustained international volunteer service with the end result of im-



proving oral health care in developing countries through activities that will have a lasting effect.

Volunteers are encouraged to promote international volunteer service in the U.S., inspire other U.S. dentists to join them or conduct follow-up visits to the same volunteer location.

Where appropriate, and

with the guidance of the volunteer organization/dental school, volunteers are encouraged to interact with local health care workers.

For more information about the Certificate for International Volunteer Service and to submit a nomination online, visit ADA.org/volunteercertificate.

To learn about international volunteer opportunities, visit the ADA Foundation's International Volunteer website: internationalvolunteer.ADA.org. ■

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Vaccines

Continued from Page 1

Association president, in a news release. "Increasing our scope of practice to the administration of vaccines will help further integrate oral health with physical and behavioral health, ultimately better serving our patients."

Under the bill, dentists providing vaccinations are required to take an additional continuing education training course and must meet current state mandated vaccine storage and reporting requirements. The Oregon Dental Association announced it will work with Oregon Health and Sciences University and the Board of Dentistry to create training programs for dentists who wish to provide vaccinations in their practice.

The bill, according to the ODA, would allow dentists to help Oregon reach state health goals that call for 70% of Oregon adults to regularly receive annual flu shots by 2020; increase the number of school-age children receiving vaccines; and, of particular interest to some dentists, administer the HPV vaccine to prevent oral and throat cancers.

The ADA in 2018 adopted a policy that urges dentists to support the use and administration of the HPV vaccine, recognizing it as a way to help prevent infection of the types of HPV associated with oropharyngeal cancer.

The Oregon bill passed the state House unanimously on March 28.

To read more about the ADA guidelines on the HPV vaccine, visit ADA.org/OralCancer. ■

HPV

Continued from Page 1

many doses; vaccine safety; signs and symptoms of oropharyngeal cancer; and a simple illustration of the oropharynx.

The brochure was written in collaboration with the American Academy of Pediatric Dentistry. The ADA and AAPD encourage dentists to support and recommend the use of the HPV vaccine.

Learn more about the ADA's HPV vaccine policy at ADA.org.

Readers can save 15% on this brochure by using the promo code 19113 until July 12. To order, visit ADAcatalog.org or call 1-800-947-4746. ■

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¹ ADA definitions for direct and indirect pulp capping at <http://www.ada.org/en/publications/cdt/glossary-of-dental-clinical-and-administrative-terms>

² Apatite-forming Ability of TheraCal Pulp-Capping Material, M.G. GANDOLFI, F. SIBONI, P. TADDEI, E. MODENA, and C. PRATI J Dent Res 90 (Spec Iss A):abstract number 2520, 2011 (www.dentalresearch.org)

³ Selcuk SAVAS, Murat S. BOTSALI, Ebru KUCUKYILMAZ, Tugrul SARI. Evaluation of temperature changes in the pulp chamber during polymerization of light-cured pulp-capping materials by using a VALO LED light curing unit at different curing distances. Dent Mater J. 2014;33(6):764-9.

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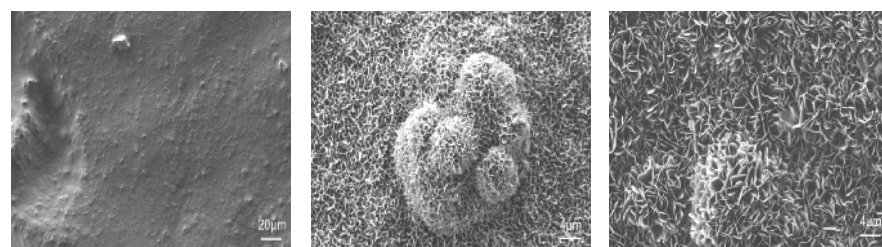
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Left: Predicta control, no SBF. **Center:** Predicta, 7 days in SBF. **Right:** Predicta, 28 days in SBF. SEM images courtesy of Håkan Engqvist, Uppsala University, Sweden.


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