

American Dental Association

ADACommons

Patient Dental Health Education Brochures

Special Collections

1956

Supper and then off to bed. (1956)

American Dental Association

Follow this and additional works at: <https://commons.ada.org/patientbrochures>



Part of the [History of Science, Technology, and Medicine Commons](#), and the [Pediatric Dentistry and Pedodontics Commons](#)

Recommended Citation

American Dental Association, "Supper and then off to bed. (1956)" (1956). *Patient Dental Health Education Brochures*. 304.

<https://commons.ada.org/patientbrochures/304>

This Book is brought to you for free and open access by the Special Collections at ADACommons. It has been accepted for inclusion in Patient Dental Health Education Brochures by an authorized administrator of ADACommons. For more information, please contact commons@ada.org.

Supper and then off to bed.

My dentist showed me
how to brush my teeth.

Do you know how
to brush yours?



Do you know how to brush your teeth?

The dentist said to brush the teeth
the way they grow.

Brush the upper teeth down

Brush the lower teeth up

Brush the side next to the tongue

Brush the side next to the cheek

Brush the chewing surfaces of the
big teeth in back

Brushing helps prevent cavities. Brush
your teeth right after eating.