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## Seven Warning Signs of Gum Disease (1977)

American Dental Association

American Academy of Periodontology

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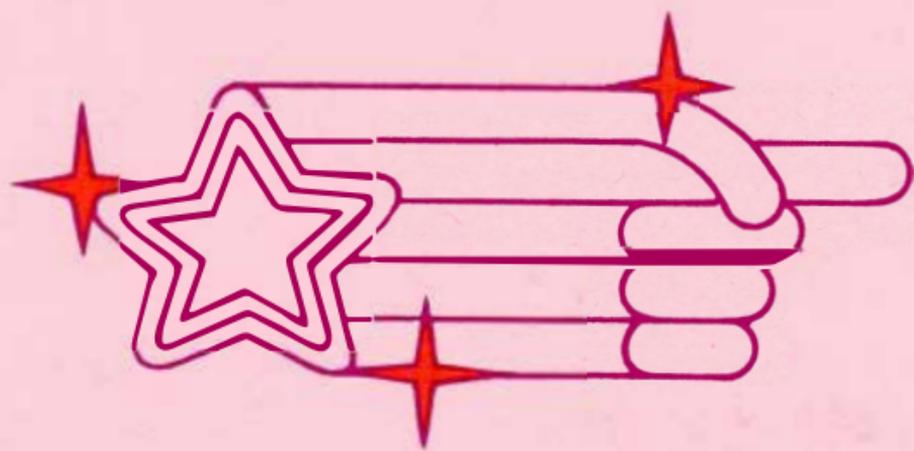
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### Recommended Citation

American Dental Association and American Academy of Periodontology, "Seven Warning Signs of Gum Disease (1977)" (1977). *Patient Dental Health Education Brochures*. 259.  
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SEVEN  
WARNING  
SIGNS  
OF  
GUM  
DISEASE



Check your mouth for these seven warning signs.

# DO YOU HAVE...

1. Bleeding gums when you clean your teeth?
2. Bad breath?
3. Soft, swollen or tender gums?
4. Pus from the gum line on pressing?
5. Loose teeth?
6. Gums shrinking away from the teeth?
7. Any change in the way your teeth come together?

YES NO

ANY **YES** ANSWER MAY MEAN YOU HAVE GUM DISEASE.

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# IF YOU DON'T

remove plaque daily, it gradually hardens into calculus (tartar), helping to force the gums away from your teeth. Pockets of infection form between the teeth and gums. If left unchecked, the disease attacks and destroys the supporting bone. If you allow the disease to progress, you can lose your teeth.

Prepared in cooperation with the American Academy of Periodontology

# REMEMBER...

Remove plaque daily by brushing *and* flossing. Examine your mouth for the seven warning signs. Work with your dentist to . . .

# KEEP YOUR TEETH ALL YOUR LIFE

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# GUM DISEASE

Gum disease results from harmful bacteria infecting the tissue which surrounds the teeth. As bacteria multiply they form an invisible film (plaque) on teeth. Plaque build-up along the gum line causes your gum tissue to become red, puffy, sore and likely to bleed. This sticky film should be removed daily by brushing and flossing. Ask your dentist about improved plaque removing techniques.

Printed in U.S.A.