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I like fruits for in-between snacks. Do you know why? (1965)

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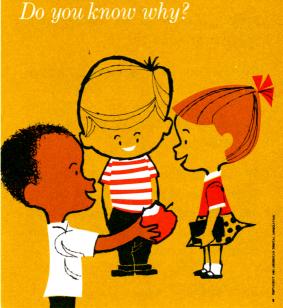
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I like fruits
for in-between snacks.



Why are fruits better for our teeth than sweets?

Fresh fruits are among the foods we need for growing.

Sweets may lead to cavities in our teeth.

Too many sweets spoil our appetites for other food.

We should eat sweets only at mealtime or special parties and then brush our teeth right away. When we can't brush our teeth, we should rinse our mouths with water.

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