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I'm going to the dentist (1976)

American Dental Association

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I'm Going to the Dentist

Forward to Parents:

This little story was written to give your youngsters an idea of what to expect the first time they go to the dentist.

Every child should be taken to the dentist by the age of two. The earlier you start, the better chance you have to prevent dental problems. An early visit will give the dentist a chance to catch problems early, and to teach you and your child how to help prevent dental disease at home.

Fifty percent of all two-year-old children have one or more decayed teeth. A check-up is in order even if no cavities are apparent. After the examination, your dentist will suggest a schedule for future check-ups.

Your child's first visit to a dentist should be a pleasant experience—a time to become acquainted with the dentist and to learn about the equipment and activities in a dental office. You can help make the visit pleasant by speaking of the dentist in a friendly manner and by explaining that the dental visit is an important experience.

This is Mom and my new brother, Brian.
Karen and Coleen and I are waiting for our
dentist. He helps us take care
of our teeth.





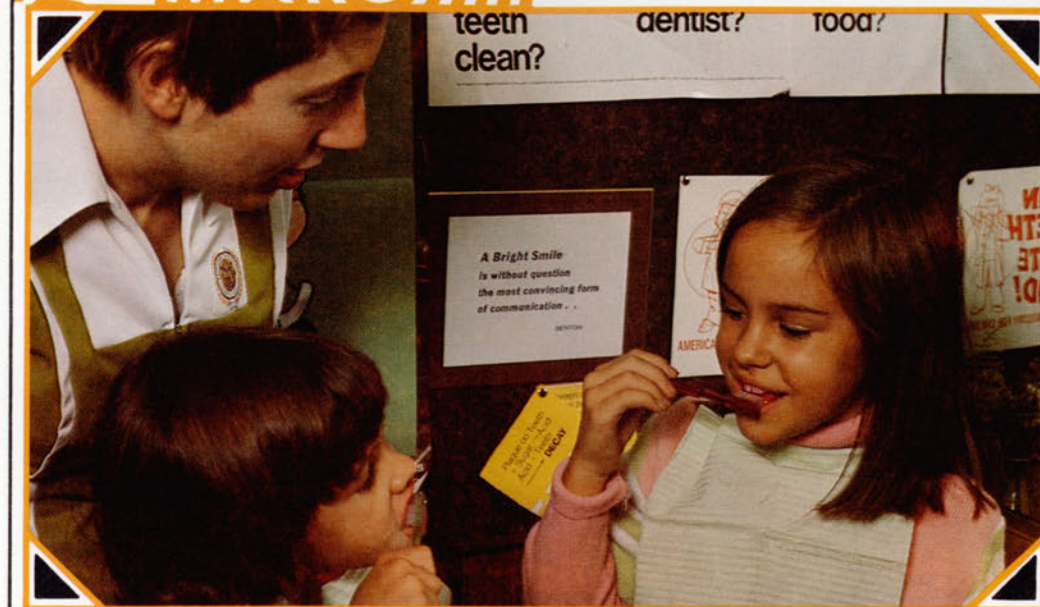
Miss Carol is a dental assistant, one of the dentist's helpers. We showed Colleen how the dentist's chair goes up and down.



Dr. Rogers is our dentist. Miss Heidi is a dental hygienist, another of the dentist's helpers. They are showing my friends Jerry and Jimmy how to take care of their teeth.



Miss Carol put some food coloring on our teeth. It turned the dirty parts of our teeth red. "When you brush and floss all the red away, your teeth will be clean," she said.



Karen and I showed Miss Carol how we brush at home. Miss Carol said, "You brush very well."

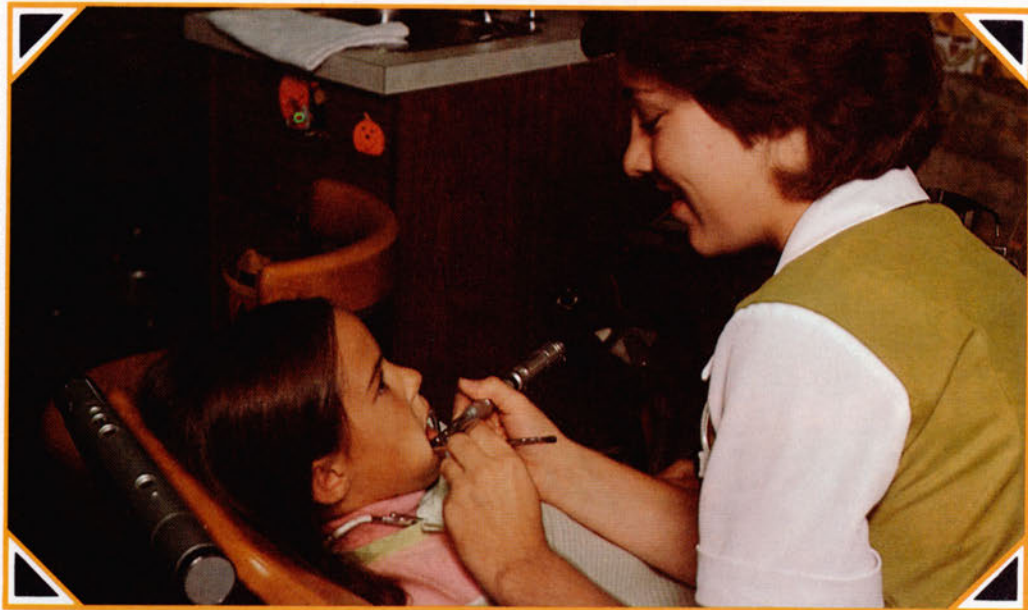


Miss Carol showed Mom how to help us
clean our teeth at home.



Miss Heidi let my friend Sheree feel the
tool she uses to look at our teeth.

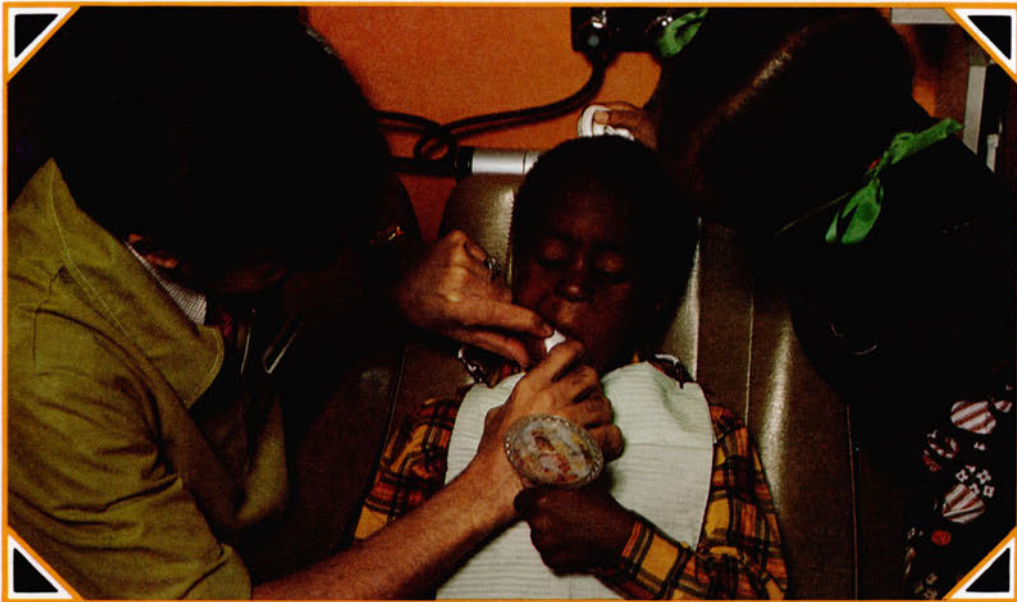




Next, Miss Heidi cleaned
my teeth.

She also took some x-ray pictures of
Colleen's teeth. "Now we can see
how your teeth are growing
inside," Miss Heidi said.





Mr. Pruthi, another of Dr. Rogers' dental hygienists, put some fluoride into a small, curved dish. When he put the dish into my friend Jimmy's mouth, he looked like a football player! "Fluoride helps make your teeth strong," Mr. Pruthi said.

Dr. Rogers looked at Karen's teeth. He showed Mom and Daddy a little hole in one tooth. He said that he would have to fill the hole with silver.





Dr. Rogers told Miss Carol when he wanted to see us again. She gave us a card so we would remember when to come to the dental office next time.

As we left, we thanked Dr. Rogers for helping us take care of our teeth.



American Dental Association
211 East Chicago Avenue
Chicago, Illinois 60611



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