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# Eat the Right Foods. Brush Your Teeth After Eating. Floss and Brush Your Teeth Before Bedtime. (1978)

American Dental Association

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### **Recommended Citation**

American Dental Association, "Eat the Right Foods. Brush Your Teeth After Eating. Floss and Brush Your Teeth Before Bedtime. (1978)" (1978). *Patient Dental Health Education Brochures*. 154. https://commons.ada.org/patientbrochures/154

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EAT THE RIGHT FOODS



BRUSH YOUR TEETH AFTER EATING



on Printed in U.S.

Moisten and paste this on your bathroom mirror