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The Kuklapolitans: Even Dragons Have Teeth (1956)

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The Kuklapolitans

EVEN DRAGONS HAVE TEETH



You have learned to do many things for yourself. You can wash your hands and face and maybe even comb your hair and clean your fingernails. You surely hang your clothes up neatly when you take them off to go to bed—but do you know how to give your teeth the best of care?

Teeth are very important to you—even your first or “baby” teeth. You need them to chew your food. Good food makes you grow. It’s hard to chew carrots, popcorn, apples, nuts and meat if you don’t have good teeth.

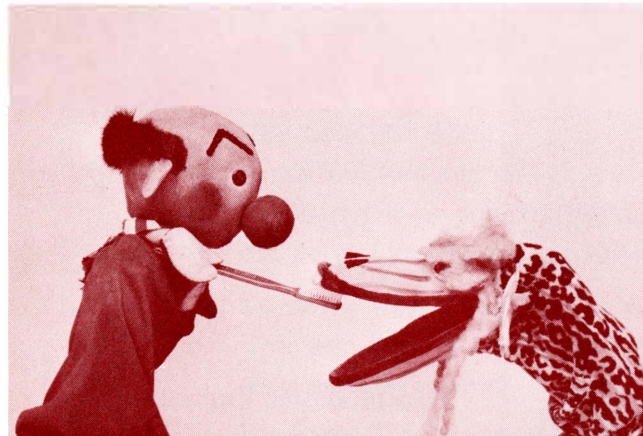
If you don’t take care of your teeth sometimes you get holes in them. Mother calls these holes “cavities.” The cavities can get bigger and bigger until your teeth may hurt even when you eat. The dentist can fill your teeth if the holes aren’t too big.

Kukla, Fran and Ollie want you to have good teeth so let’s let them show us how to keep our teeth clean and healthy.



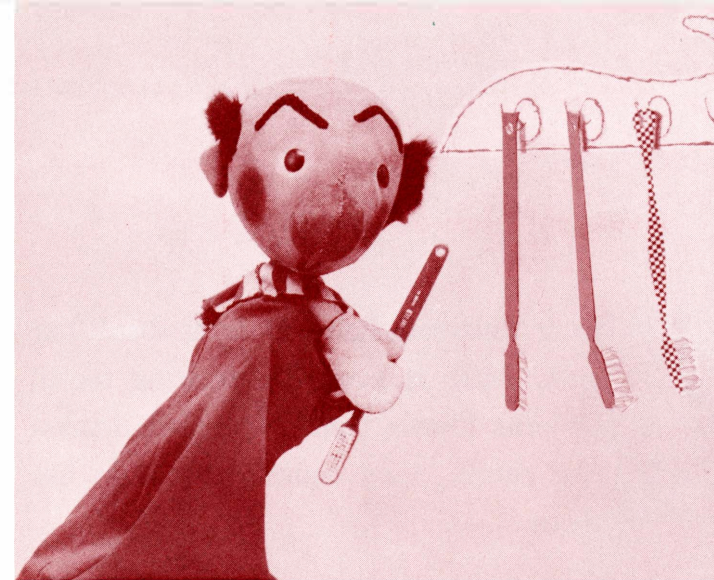
Kukla shows Doloras how to brush her teeth. First wet your toothbrush with cool water. Then squeeze out the toothpaste as Kukla is doing.

PHOTOGRAPHS BY BACON-TIRSHELL ASSOCIATES



Brush the upper teeth with a downward motion and the lower teeth with an upward motion. Brush the side next to the cheek and the side next to the tongue. Scrub the flat part you chew with, too.

After brushing, rinse your mouth with water. If you can't brush your teeth after eating, at least rinse your mouth with water to wash away any sugar that may be left.



Clean your brush with cold water and hang it up to dry. It's good to have two brushes so that you always have a dry one to use. Remember the color of your brush handles so that you will always use your own.

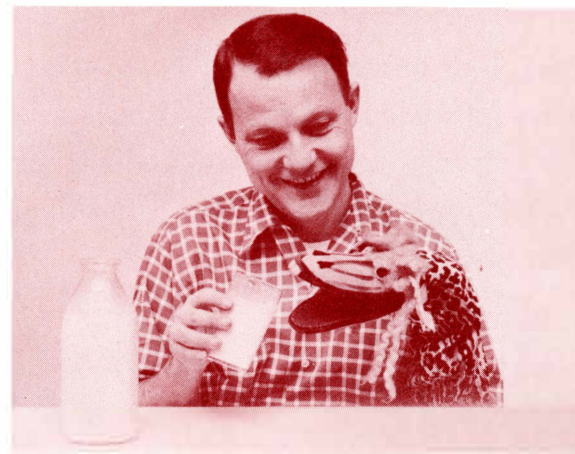


Fletcher rabbit knows that raw carrots help clean the teeth. He eats carrots instead of sweets between meals. Candies and other sweets may make cavities in your teeth. Sweets should be eaten only at mealtimes and at very special parties.



Doloras goes to see “Dr.” Crackie every six months. She has been going to see him ever since she was 2½ years old. The dentist cleans the teeth and fills any cavities he finds when they are still small.

Burr Tillstrom helps Doloras drink her milk. Milk is good for growing teeth. Doloras knows that sweetened drinks, like candy, may cause cavities in her teeth.



ACKNOWLEDGMENT:
BURR TILLSTROM'S
KUKLA, FRAN
AND OLLIE
WITH FRAN ALLISON
SEEN ON TELEVISION
REGULARLY

Let's go over the rules for good teeth.

Brush your teeth after eating.

Brush the upper teeth downward

Brush the lower teeth upward

Brush inside and outside

Rinse your mouth with water

Hang your brush up to dry

Drink milk instead of sweetened drinks.

Milk is good for boys and girls.

Eat raw carrots, celery and fresh fruits
for snacks instead of sweets.

Sweets may cause cavities in your teeth.

See your dentist every six months or as
often as he suggests.