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No Candy Between Meals (1940)

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Sarah McGiffert

Elizabeth McCormick Memorial Fund

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NO CANDY BETWEEN MEALS



Candy and sweet foods do not build teeth.
I eat candy or cake or pudding after my meal.
First I eat the foods that build my teeth.
Then I eat sweet foods.
I sometimes eat candy and sweet foods
after I have eaten foods that build my teeth.
Candy does not help to build teeth.