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## Cartel del mes nacional de la salud dental infantil "Cepillarse hilo dental sonreír" [Spanish language version: Brush floss smile] (2023)

American Dental Association Foundation

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# CEPILLARSE HILO DENTAL SONREIR

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Febrero es el Mes Nacional de la Salud Dental de los Niños. Visite [ADA.org/NCDHM](https://www.ada.org/NCDHM), donde encontrará hojas de actividades.



## CONSEJOS PARA SONRISAS SANAS



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LIMPIA ENTRE LOS DIENTES TODO LOS DÍAS



COME ALIMENTOS SALUDABLES Y LIMITE REFRESCOS AZUCARADOS



VISITA SU DENTISTA POR LO MENOS DOS VECES AL AÑO

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