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National Children's Dental Health Month

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2018

National Children's Dental Health Month poster "Brush your teeth with fluoride toothpaste..." (2018)

American Dental Association Foundation

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Brush your teeth with fluoride toothpaste
and clean between your teeth
for a healthy smile!!

Visit MouthHealthy.org/ToothTeam for more activity sheets.

HEALTHY SMILE TIPS



Brush your teeth twice a day with a fluoride toothpaste.



Clean between your teeth daily.



Eat a healthy diet that limits sugary beverages and snacks.



See your dentist regularly for prevention and treatment of oral disease.



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