

American Dental Association

ADACommons

National Children's Dental Health Month

Special Collections

2018

National Children's Dental Health Month activity book (2018)

American Dental Association Foundation

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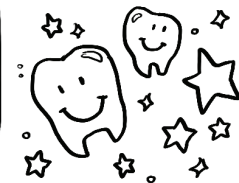
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Have you brushed your teeth twice today?
Color in the boxes once you finish brushing!



Sunday								
Monday								
Tuesday								
Wednesday								
Thursday								
Friday								
Saturday								

Visit MouthHealthy.org/ToothTeam for more activity sheets.

HEALTHY SMILE TIPS



Brush your teeth twice a day
with a fluoride toothpaste.



Clean between your
teeth daily.



Eat a healthy diet that limits
sugary beverage and snacks.



See your dentist regularly
for prevention and treatment
of oral disease.



ADA American
Dental
Association®



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Crest
+
Oral-B

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Woof! Can you help the Tooth Team brush my teeth so I can have a healthy smile?



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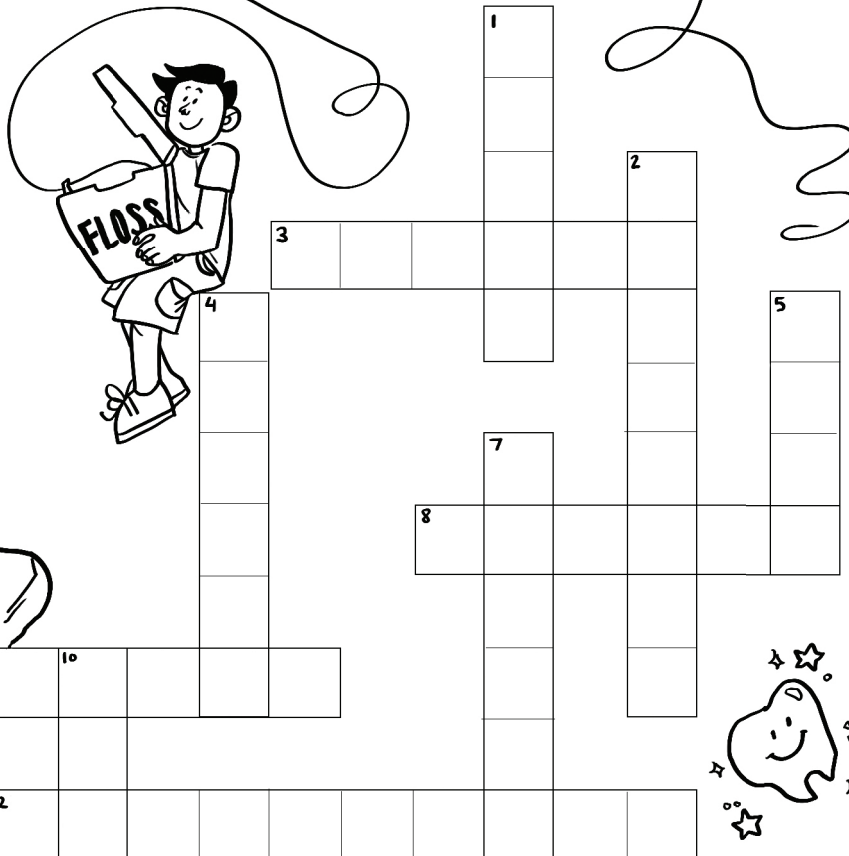
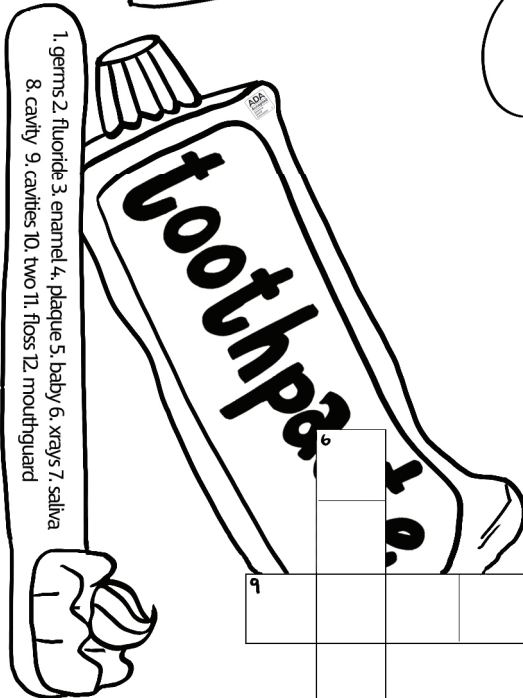
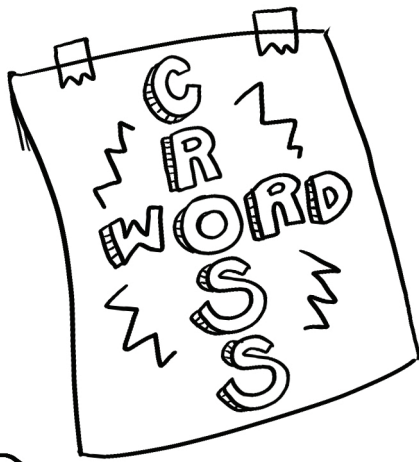
Eat a healthy diet that limits sugary beverage and snacks.



See your dentist regularly for prevention and treatment of oral disease.



ADA American Dental Association®



ACROSS

DOWN

3. The hard outer layer of a tooth is _____.
8. A _____ is a hole in your tooth.
9. Use toothpaste with fluoride to help prevent _____.
11. Clean between your teeth with dental _____.
12. Wear a _____ while playing sports to protect your teeth and mouth from injury.

1. Bacteria is another name for _____.
2. _____ helps protect your teeth from cavities.
4. _____ is a sticky film that if left on your teeth can lead to cavities.
5. _____ teeth are your first teeth.
6. Special pictures of your teeth that the dentist takes are called _____.
7. _____ washes away food and particles from your teeth and gums.
10. Brush your teeth for _____ minutes two times a day.

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